

TapOut Las Vegas Training Center Class Schedule

Zone 1 Bag Rack	Zone 2 Octagon	Zone 3 Sm Mats	Zone 4 Ring	Zone 5 Lg Cage Mat	Zone 6 Weight	Zone 7 Blue Mats
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
MMA Boran 10:00am - 11:00am LESMI-Zone 4	Grappling/MMA 10:00am - 11:30am VINNY-Zone 5	MMA Boran 10:00am - 11:00am LESMI-Zone 4	Grappling/MMA 10:00am - 11:30am VINNY-Zone 5	MMA Boran 10:00am - 11:00am LESMI-Zone 4	Boxing 10:00am - 11:00am RAMON-Zone 1	
Muay Thai 10:00am - 11:30am IVAN-Zone 3	Womens MMA Cardio 10:00am - 11:00am KUI-Zone 2	Muay Thai 10:00am - 11:30am IVAN-Zone 3	Womens MMA Cardio 10:00am - 11:00am KUI-Zone 2	Muay Thai 10:00am - 11:30am IVAN-Zone 3	Jiu-Jitsu 10:30am - Noon ROD-Zone 5	
No Gi Jiu Jitsu 11:30am - 1:00am VINNY-Zone 5		PRO Team Training 10:30am-12:00pm SHAWN- Zone 5		PRO Team Training 10:30am-12:00pm SHAWN- Zone 5	Muay Thai 11:00am-12:00pm IVAN-Zone 4	
Muay Thai 12:00PM-1:30pm IVAN-Zone 3	Boxing 12:00pm-1:00pm RAMON-Zone 1	No Gi Jiu Jitsu 11:30am - 1:00am VINNY-Zone 3	Boxing 12:00pm-1:00pm RAMON-Zone 1	No Gi Jiu Jitsu 11:30am - 1:00am VINNY-Zone 3	Randleman Wrestling 12:00pm-1:00pm KEVIN/JOHNNY N.	
Submissions 1:00pm-2:30pm SHANDON-Zone 5		MMA 12:00pm-1:30pm IVAN-Zone 2		Muay Thai 12:00pm-1:30pm IVAN-Zone 2	Kids Judo 12:00pm-1:00pm CHRIS S - Zone 5	
Kickboxing 2:30pm-3:30pm SHANDON-Zone 5		Submissions 1:00pm-2:30pm SHANDON-Zone 5		Submissions 1:00pm-2:30pm SHANDON-Zone 5	Open Judo 1:00pm-2:00pm CHRIS S - Zone 5	
Am Fight Team Training 3:00pm-5:00pm IVAN-Zone 3	Am Fight Team Training 3:00pm-5:00pm IVAN-Zone 3	Kickboxing 2:30pm-3:30pm SHANDON-Zone 5	Am Fight Team Training 3:00pm-5:00pm IVAN-Zone 3	Kickboxing 2:30pm-3:30pm SHANDON-Zone 5	MMA 12:00pm-1:30pm IVAN-Zone 4	
Kids MMA 4:30pm-5:30pm IVAN-Zone 2	Kids Muay Thai 4:30pm-5:30pm IVAN-Zone 2	Am Fight Team Training 3:00pm-5:00pm IVAN-Zone 4	Kids Judo 4:30pm-5:30pm CHRIS-Zone 5	Am Fight Team Training 3:00pm-5:00pm IVAN-Zone 4	Fighters Yoga 1:00pm-2:00pm MICHAL-Zone 2	
Wmns Cond/Judo 4:30pm-5:30pm Chris Sakoda - Zone 5	Wmns Cond/Judo 4:30pm-5:30pm Chris Sakoda - Zone 5	Kids MMA 4:30pm-5:30pm IVAN-Zone 2	Wmns Cond/Judo 4:30pm-5:30pm Chris Sakoda - Zone 5	Fighters Yoga 4:00pm-5:00pm MICHAL-Zone 3	Team Sparring 1:30pm-3:30pm IVAN-Zone 2	
Crusader Training 5:30pm-6:30pm Josh Burns		Wmns Cond/Judo 4:30pm-5:30pm Chris Sakoda - Zone 5		Kids Muay Thai 4:30pm-5:30pm IVAN-Zone 2	CLOSES AT 3PM	
Wrestling 5:30pm-6:30pm ERIC-Zone 7		Crusader Training 5:30pm-6:30pm Josh Burns		Wmns Cond/Judo 4:30pm-5:30pm Chris Sakoda - Zone 5		
Kids 4-8 y/o Jiu-Jitsu 5:30pm-6:30pm ROD-Zone 5		Kids 4-8 y/o Jiu-Jitsu 5:30pm-6:30pm ROD-Zone 5		Kids 4-8 y/o Jiu-Jitsu 5:30pm-6:30pm ROD-Zone 5		
Muay Thai 5:30pm-6:30pm KONG-Zone 3	Judo 5:30pm-6:30pm KENNY-Zone 3	Wrestling 5:30pm-6:30pm ERIC-Zone 7	Judo 5:30pm-6:30pm KENNY-Zone 3	Crusader Training 5:30pm-6:30pm Josh Burns		
MMA 6:00pm-7:00pm IVAN-Zone 4	Muay Thai 5:30pm-7:00pm IVAN-Zone 2	Muay Thai 5:30pm-6:30pm KONG-Zone 3	Muay Thai 5:30pm-7:00pm IVAN-Zone 4	Wrestling 5:30pm-6:30pm ERIC-Zone 7		
Kids 8y/o&up Jiu-Jitsu 6:30pm-7:30pm ROD-Zone 5	Kids 8y/o&up Jiu-Jitsu 6:30pm-7:30pm ROD-Zone 5	Womens MMA Cardio 6:00Pm - 7:00Pm CHRIS S-Zone 4	Kids 8y/o&up Jiu-Jitsu 6:30pm-7:30pm ROD-Zone 5	Muay Thai 5:30pm-6:30pm KONG-Zone 3		
Boxing 6:30pm-7:30pm RAMON-Zone 1	MMA Boran 6:30pm-7:30pm Lesmi-Zone 1	Kids 8y/o&up Jiu-Jitsu 6:30pm-7:30pm ROD-Zone 5	Boxing 6:30pm-7:30pm KENNY-Zone 1	MMA 6:00pm-7:00pm IVAN-Zone 4		
NO GI Jiu-Jitsu 7:30pm-8:30pm ROD-Zone 3	Boxing 6:30pm-7:30pm KENNY-Zone 4	Cardio Boxing 6:30pm-7:30pm RAMON-Zone 1	PRO Team Training 7:00pm-8:30pm SHAWN- Zone 5	Kids 8y/o&up Jiu-Jitsu 6:30pm-7:30pm ROD-Zone 5		
PRO Team Training 7:00pm-8:30pm SHAWN- Zone 5	PRO Team Training 7:00pm-8:30pm SHAWN- Zone 5	NO GI Jiu-Jitsu 7:30pm-8:30pm ROD-Zone 5	NO GI Jiu-Jitsu 7:30pm-8:30pm ROD-Zone 3	Cardio Boxing 6:30pm-7:30pm Ramon-Zone 1		
Fighters Yoga 7:30pm-8:30pm MICHAL-Zone 2	NO GI Jiu-Jitsu 7:30pm-8:30pm ROD-Zone 3	Fighters Yoga 7:30PM-8:30PM MICHAL-Zone 2	MMA Boran 7:30pm-8:30pm Lesmi-Zone 4	NO GI Jiu-Jitsu 7:30pm-8:30pm ROD-Zone 5		
Cardio Kickboxing 7:30pm-8:30pm RAMON-Zone 1	Cardio Boxing 7:30pm-8:30pm RAMON-Zone 1	Kids Wrestling 7:15pm - 8:15pm JOHNNY N. - Zone 5	Cardio Boxing 7:30pm-8:30pm RAMON-Zone 1			
CLOSED 9PM	CLOSED 9PM	CLOSED 9PM	CLOSED 9PM	CLOSED 9PM		

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